

PSHE, RSHE and Health Education (2023-24)
Cyber bullying and E-safety is taught across all year groups throughout the year.
A WHOLE SCHOOL CURRICULUM OVERVIEW
- cross-referenced with United Nations Convention of the Rights of the Child -

		Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
K s 1	PSHE/ RSHE Topic	Relationships and working together Rights and responsibilities Getting to know each other Working together British Value: Respect Unity	Others are Special too Making and sustaining friendships Conflict resolution Anti-bullying(Cyber bullying) PANTS Keeping safe at home and outdoors British Value: Friendship Responsibility	Health and well-being-caring for oneself. Personal Hygiene Keeping Healthy Our body Making choices for healthy living. Drugs Education: medicines and legal drugs British Value: Determination Thoughtfulness	Relationships: caring for others. Making choices Feelings Value communities or groups. Respond to emergency. Wants and needs. Feeling safe British Values: Appreciation Patience	Health and wellbeing- Being safe. Understanding safety online and in different places Safe at home. Comfortable and uncomfortable feelings Mental well being Problems in relationships Anti-bullying(cyber bullying) PANTS British Value: Trust Harmony	Living in the Modern World. Talk about emotions Value talent and achievements Managing change Preparing for transition Goal-setting and motivation British Value: Courage
	UNCRC articles	1, 2, 3, 4, 5, 8, 15, 22, 23, 31, 37, 40	19, 31	26, 27, 28	19, 33, 35,	16, 18, 19, 38	6, 13, 24, 31, 34, 36, 40
K s 2	PSHE RSHE topic	Relationships and working together Rights and responsibilities Getting to know each other Working together Recognise needs of others Being sensitive towards others. British Value:	Others are Special too Making Decisions Communication The world we live in Peer influence and assertiveness Anti-bullying(Cyber bullying) British Value: Friendship Responsibility	Health and well-being-caring for oneself. Support networks – relationships and families. Signs of illness. Cleanliness and understanding changing within ourselves. Choices for health	Relationships: caring for others. Being healthy –active Bacteria and viruses Respect others feelings. Value communities and differences in their customs. British Values: Appreciation Patience	Health and wellbeing- Being safe. Growing up Taking and dealing with pressure Mental Wellbeing Drugs and substances harming your body. Understanding the role of media and	Living in the Modern World. Goal-setting and motivation Celebrating achievements identify their strength Understanding rules and choices. Enterprising skills British Value: Courage

		Respect Unity		Body parts British Value: Determination Thoughtfulness		how to stay safe online. British Value: Trust Harmony	
	UNCRC articles	1, 2, 4, 5, 8, 12, 32	8, 10, 14, 20, 29, 30	7, 9, 19, 30	13, 17, 24	5, 6, 14, 15, 42	6, 13, 24, 31, 36
	Whole school focus/ diary dat	Rewards and consequences, school rules Setting up a School Council Black History Month	National Anti-Bullying Week Bonfire Night			Healthy Eating week	Summer fayre
	UNCRC articles	20	1, 24	17, 28	13, 17, 27	9, 23	12, 22