

Roxeth Primary - Week 1

Fred

Cereals Containing Gluten

Peanuts

Tree Nuts

Milk

Eggs

Crustaceans

Fish

Celery and Celeriac

Soya and Soya Products

Sesame Seeds

Molluscs

Mustard

Lupin

Sulphites

GM Foods

Vegetarian

Vegan

Gluten Free

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals		Chicken Korma Curry - Allergy Free Does Contains: May Contain: Modifiers:	Lamb Shepherd's Pie Does Contains: Sulphites, Celery and Celeriac May Contain: Modifiers:	Chicken Carbonara - Halal Does Contains: Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Gluten (Barley), Gluten (Rye), Gluten (Oats), Soya and Soya Products, Celery and Celeriac Modifiers:	Fish Fingers KS2 Does Contains: Gluten (Wheat), Cereal Containing Gluten, Fish May Contain: Modifiers: Fish Fingers KS1 Does Contains: Gluten (Wheat), Cereal Containing Gluten, Fish May Contain: Modifiers:
Vegetarian Meals					

	Monday	Tuesday	Wednesday	Thursday	Friday
	Cheese & Tomato Pizza - Rectangle🌿 Does Contains: 🌿🥛 Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Modifiers: Cheese & Tomato Pizza🌿 Does Contains: 🌿🥛 Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Modifiers: Vegetable Supreme Pizza🌿 Does Contains: 🌿🥛 Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Modifiers:	Quorn Korma - Allergy Free Sauce (VG)🌿 Does Contains: May Contain: 🥛 Mustard Modifiers:	Lentil Shepherds Pie (VG)🌿 Does Contains: 🥛 Sulphites May Contain: 🌿 Celery and Celeriac Modifiers:	Vegan Mince Bolognese Bake🌿 Does Contains: 🌿🥛🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🌿 Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Falafel Pitta (VG)🌿 Does Contains: 🌿 Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
Sides	Homemade Bread 🌱 Does Contains: 🌿🍷🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers: Herby Diced Potatoes 🌱 Does Contains: May Contain: Modifiers: Peas (VG) 🌱 Does Contains: May Contain: Modifiers:	50/50 Rice (VG) 🌱 Does Contains: May Contain: Modifiers: Green Beans (VG) 🌱 Does Contains: May Contain: Modifiers: Homemade Bread 🌱 Does Contains: 🌿🍷🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:	Knorr Gravy (VG) 🌱 Does Contains: May Contain: Modifiers: Peas (half portion) (VG) 🌱 Does Contains: May Contain: Modifiers: Carrots (half portion) (VG/GF) 🌱 Does Contains: May Contain: Modifiers: Homemade Bread 🌱 Does Contains: 🌿🍷🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:	Broccoli (VG/GF) 🌱 Does Contains: May Contain: Modifiers: Homemade Bread 🌱 Does Contains: 🌿🍷🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:	Chips (VG) 🌱 Does Contains: May Contain: Modifiers: Homemade Bread 🌱 Does Contains: 🌿🍷🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers: Baked Beans (VG) 🌱 Does Contains: May Contain: Modifiers: Peas (VG) 🌱 Does Contains: May Contain: Modifiers:
Third Option					

	Monday	Tuesday	Wednesday	Thursday	Friday
	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:
	Jacket Potato Tuna Mayo Topping Does Contains:   Fish, Eggs May Contain: Modifiers:	Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato Tuna Mayo Topping Does Contains:   Fish, Eggs May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains:  Milk May Contain: Modifiers:	Jacket Potato Tuna Mayo Topping Does Contains:   Fish, Eggs May Contain: Modifiers:
	Jacket Potato Grated Cheese Topping  Does Contains:  Milk May Contain: Modifiers:	Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:	Jacket Potato Grated Cheese Topping  Does Contains:  Milk May Contain: Modifiers:	Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato Grated Cheese Topping  Does Contains:  Milk May Contain: Modifiers:
	Jacket Potato (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains:  Milk May Contain: Modifiers:	Jacket Potato (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Jacket Potato (VG/GF/DF)  Does Contains: May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Jacket Potato Baked Beans Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers: Jacket Potato Grated Cheese Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Jacket Potato Baked Beans Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers: Jacket Potato Grated Cheese Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato Baked Beans Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers: Jacket Potato Grated Cheese Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:
Desserts	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers: Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers: Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers: Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers: Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers: Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Fruit - Grapes (VG) 🌱 Does Contains: May Contain: Modifiers:	Fruit - Apple (VG) 🌱 Does Contains: May Contain: Modifiers:	Carrot Cake 🌱 Does Contains: 🌿🍅 Gluten (Wheat), Cereal Containing Gluten, Eggs May Contain: 🍷 Soya and Soya Products Modifiers:	Raspberry & Peach Jelly (VG) 🌱 Does Contains: May Contain: Modifiers:	Vanilla Ice cream 🌱 Does Contains: 🍷 Milk May Contain: Modifiers:
	Fruit - Apple (VG) 🌱 Does Contains: May Contain: Modifiers:	Fruit Salad (VG) 🌱 Does Contains: 🍷 Sulphites May Contain: Modifiers:	Fruit - Orange (VG) 🌱 Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG) 🌱 Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG) 🌱 Does Contains: May Contain: Modifiers:
	Fruit - Orange (VG) 🌱 Does Contains: May Contain: Modifiers:	Fruit - Orange (VG) 🌱 Does Contains: May Contain: Modifiers:	Fruit - Banana (VG) 🌱 Does Contains: May Contain: Modifiers:	Fruit - Orange (VG) 🌱 Does Contains: May Contain: Modifiers:	Fruit - Banana (VG) 🌱 Does Contains: May Contain: Modifiers:
	Iced Cinnamon Fruit Roll 🌱 Does Contains: 🌿🍷🍷 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🍷 Eggs Modifiers:	Fruit - Banana (VG) 🌱 Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG) 🌱 Does Contains: May Contain: Modifiers:	Fruit - Banana (VG) 🌱 Does Contains: May Contain: Modifiers:	Fruit - Orange (VG) 🌱 Does Contains: May Contain: Modifiers: