

Roxeth Primary - Week 2

Fred

 Cereals Containing Gluten

 Peanuts

 Tree Nuts

 Milk

 Eggs

 Crustaceans

 Fish

C Celery and Celeriac

 Soya and Soya Products

S Sesame Seeds

 Molluscs

 Mustard

L Lupin

 Sulphites

 GM Foods

 Vegetarian

 Vegan

 Gluten Free

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Tuna Pasta Bake Does Contains:    Gluten (Wheat), Cereal Containing Gluten, Milk, Fish May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Chicken Tikka Masala Curry - Allergy Free Does Contains: May Contain: Modifiers:	BBQ Chicken Burger Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Mustard May Contain: S Sesame Seeds Modifiers:	Lamb Kofta - Halal Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers:	Fish Cake Does Contains:     Gluten (Wheat), Cereal Containing Gluten, Fish, Milk, Mustard May Contain: Modifiers:
Vegetarian Meals	Macaroni Cheese (KEEP) Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Milk May Contain:   Gluten (Barley), Gluten (Rye), Gluten (Oats), Soya and Soya Products Modifiers:	Chickpea & Lentil Dhal / Chickpea & Lentil Curry (VG)  Does Contains: May Contain:   Gluten (Wheat), Cereal Containing Gluten, Mustard Modifiers:	Vegetable Burger in a Bun (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:   S Soya and Soya Products, Mustard, Sesame Seeds Modifiers:	Vegan Kofta  Does Contains:  Soya and Soya Products May Contain: Modifiers:	Cheese & Tomato Quiche  Does Contains:    Gluten (Wheat), Cereal Containing Gluten, Milk, Eggs May Contain:  Soya and Soya Products Modifiers:
Sides					

	Monday	Tuesday	Wednesday	Thursday	Friday
	Homemade Bread  Does Contains:    Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain:  Eggs Modifiers: Peas (VG)  Does Contains: May Contain: Modifiers: Warm Wholemeal Baguette / Crusty Bread (VG)  Does Contains:  Gluten (Barley), Gluten (Wheat), Cereal Containing Gluten May Contain:  Sesame Seeds Modifiers:	Green Beans (VG)  Does Contains: May Contain: Modifiers: 50/50 Rice (VG)  Does Contains: May Contain: Modifiers: Homemade Bread  Does Contains:    Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain:  Eggs Modifiers:	Corn on the Cob (VG)  Does Contains: May Contain: Modifiers: Skin On Potato Wedges - Plain - Jacket wedges (VG/GF/DF)  Does Contains: May Contain: Modifiers: Homemade Bread  Does Contains:    Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain:  Eggs Modifiers:	Green Beans (VG)  Does Contains: May Contain: Modifiers: Rice - Primary (VG)  Does Contains: May Contain: Modifiers: Homemade Bread  Does Contains:    Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain:  Eggs Modifiers: Pitta Bread (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers:	Chips (VG)  Does Contains: May Contain: Modifiers: Homemade Bread  Does Contains:    Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain:  Eggs Modifiers: Baked Beans (VG)  Does Contains: May Contain: Modifiers: Peas (VG)  Does Contains: May Contain: Modifiers:
Third					

	Monday	Tuesday	Wednesday	Thursday	Friday
Option	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:
	Jacket Potato Tuna Mayo Topping Does Contains:   Fish, Eggs May Contain: Modifiers:	Twisty Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Jacket Potato Tuna Mayo Topping Does Contains:   Fish, Eggs May Contain: Modifiers:	Twisty Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Jacket Potato Tuna Mayo Topping Does Contains:   Fish, Eggs May Contain: Modifiers:
	Jacket Potato Grated Cheese Topping  Does Contains:  Milk May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato Grated Cheese Topping  Does Contains:  Milk May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato Grated Cheese Topping  Does Contains:  Milk May Contain: Modifiers:
	Jacket Potato (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains:  Milk May Contain: Modifiers:	Jacket Potato (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains:  Milk May Contain: Modifiers:	Jacket Potato (VG/GF/DF)  Does Contains: May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Jacket Potato Baked Beans Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers: Jacket Potato Grated Cheese Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato Baked Beans Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers: Jacket Potato Grated Cheese Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato Baked Beans Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers: Jacket Potato Grated Cheese Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:
Desserts	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers: Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers: Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers: Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers: Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers: Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Fruit - Apple (VG) 🍏 Does Contains: May Contain: Modifiers:	Fruit - Apple (VG) 🍏 Does Contains: May Contain: Modifiers:	Fruit - Apple (VG) 🍏 Does Contains: May Contain: Modifiers:	Fruit - Apple (VG) 🍏 Does Contains: May Contain: Modifiers:	Fruit - Apple (VG) 🍏 Does Contains: May Contain: Modifiers:
	Fruit - Banana (VG) 🍌 Does Contains: May Contain: Modifiers:	Fruit Salad (VG) 🍏 Does Contains: 🧴 Sulphites May Contain: Modifiers:	Apple Sponge 🍏 Does Contains: 🌿🍷 Gluten (Wheat), Cereal Containing Gluten, Eggs May Contain: 🥚 Soya and Soya Products Modifiers:	Orange & Mandarin Jelly (VG) 🍏 Does Contains: May Contain: Modifiers:	Strawberry Ice Cream 🍏 Does Contains: 🧴 Milk May Contain: Modifiers:
	Fruit - Grapes (VG) 🍇 Does Contains: May Contain: Modifiers:	Fruit - Banana (VG) 🍌 Does Contains: May Contain: Modifiers:	Fruit - Banana (VG) 🍌 Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG) 🍇 Does Contains: May Contain: Modifiers:	Fruit - Orange (VG) 🍊 Does Contains: May Contain: Modifiers:
	Iced Cinnamon Fruit Roll 🍏 Does Contains: 🌿🍷🧴 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:	Fruit - Grapes (VG) 🍇 Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG) 🍇 Does Contains: May Contain: Modifiers:	Fruit - Banana (VG) 🍌 Does Contains: May Contain: Modifiers:	Fruit - Banana (VG) 🍌 Does Contains: May Contain: Modifiers: