

PSHE, RSHE and Health Education (2022-23)

Cyber bullying and E-safety is taught across all year groups throughout the year.

A WHOLE SCHOOL CURRICULUM OVERVIEW

- cross-referenced with United Nations Convention of the Rights of the Child -

| | | Autumn term 1 | Autumn term 2 | Spring term 1 | Spring term 2 | Summer term 1 | Summer term 2 |
|-------------|----------------------------|---|---|--|---|--|---|
| K s 1 | PSHE/ RSHE Topic | <p>Relationships and working together Rights and responsibilities Getting to know each other Working together</p> <p>British Value: Democracy Tolerance</p> | <p>Others are Special too Making and sustaining friendships Conflict resolution Anti-bullying(Cyber bullying) PANTS Keeping safe at home and outdoors</p> <p>British Value: Charity Resilience</p> | <p>Health and well-being-caring for oneself. Personal Hygiene Keeping Healthy Our body Making choices for healthy living. Drugs Education: medicines and legal drugs</p> <p>British Value: Positivity Love</p> | <p>Relationships: caring for others. Making choices Feelings Value communities or groups. Respond to emergency. Wants and needs. Feeling safe</p> <p>British Values: Forgiveness Freedom</p> | <p>Health and wellbeing- Being safe. Understanding safety online and in different places Safe at home. Comfortable and uncomfortable feelings Mental well being Problems in relationships Anti-bullying(cyber bullying) PANTS</p> <p>British Value: Honesty Peace</p> | <p>Living in the Modern World. Talk about emotions Value talent and achievements Managing change Preparing for transition Goal-setting and motivation</p> <p>British Value: Humour</p> |
| | UNCRC articles | 1, 2, 3, 4, 5, 8, 15, 22, 23, 31, 37, 40 | 19, 31 | 26, 27, 28 | 19, 33, 35, | 16, 18, 19, 38 | 6, 13, 24, 31, 34, 36, 40 |
| K s 2 | PSHE RSHE topic | <p>Relationships and working together Rights and responsibilities Getting to know each other Working together Recognise needs of others Being sensitive towards others.</p> <p>British Value:</p> | <p>Others are Special too Making Decisions Communication The world we live in Peer influence and assertiveness Anti-bullying(Cyber bullying)</p> <p>British Value: Charity Resilience</p> | <p>Health and well-being-caring for oneself. Support networks - relationships and families. Signs of illness. Cleanliness and understanding changing within ourselves. Choices for health</p> | <p>Relationships: caring for others. Being healthy -active Bacteria and viruses Respect others feelings. Value communities and differences in their customs.</p> <p>British Values: Forgiveness Freedom</p> | <p>Health and wellbeing- Being safe. Growing up Taking and dealing with pressure Mental Wellbeing Drugs and substances harming your body. Understanding the role of media and</p> | <p>Living in the Modern World. Goal-setting and motivation Celebrating achievements identify their strength Understanding rules and choices. Enterprising skills</p> <p>British Value: Humour</p> |

| | | | | | | | |
|--|--|---|--|--|------------|---|-------------------|
| | | Democracy Tolerance | | Body parts British Value: Positivity Love | | how to stay safe online. British Value: Honesty Peace | |
| | UNCRC articles | 1, 2, 4, 5, 8, 12, 32 | 8, 10, 14, 20, 29, 30 | 7, 9, 19, 30 | 13, 17, 24 | 5, 6, 14, 15, 42 | 6, 13, 24, 31, 36 |
| | Whole school focus/ diary dat | Rewards and consequences, school rules Setting up a School Council Black History Month | National Anti-Bullying Week Bonfire Night | | | Healthy Eating week | Summer fayre |
| | UNCRC articles | 20 | 1, 24 | 17, 28 | 13, 17, 27 | 9, 23 | 12, 22 |